



For more details on any of these activities and how to get involved please visit our website:

www.blesma.org

You can also call the Fundraising Team on:

0208 548 7084 or email fundraising@blesma.org

Fundraising Calendar 2023

Blesma
THE LIMBLESS VETERANS

Blesma, 115 New London Rd, Chelmsford CM2 0QT



Registered Charity 1084189 SC SC010315 | Company Limited by Guarantee 4102768

We hope you will join Team Blesma for an amazing #BlesmaAt90 year of fundraising



“ I was told I wouldn't walk, run, or exercise again, but I didn't let that attitude define me and running soon became a way to manage my health conditions. With Blesma, I directly see the benefits that my fundraising gives through the stories they send me and in their magazine. It gives a more personal touch to their fundraising. ”

Lana Smith's fundraising challenges for Blesma

Former soldier Lana Smith has taken on several challenges for Blesma since 2018. So far, she's raised £3,022.75 by completing the Tewkesbury Half Marathon and the London Marathon, virtually and in-person. In 2023 she will be running the Rome Marathon and the Great North Run as well as cycling RideLondon to continue supporting our injured and limbless veterans.

“I served in the Royal Signals for ten years and was injured myself on exercise. I damaged the nerves in my neck and was diagnosed with Complex Regional Pain Syndrome some years later. I did rehab at Headley Court, where I met a few Blesma Members in the early stages of their rehab, so I've seen first-hand the support Blesma gives to their veterans.”



Welcome to Team Blesma!

With help from you, our wonderful supporters, we can make a real difference to the lives of our injured veterans and their families.

Join us by taking part in one of the fantastic fundraising activities we have this year, some of which are listed in this calendar. Visit our website blesma.org/events for a full list of activities.

We will support you every step of the way to achieve your fundraising goals. We can also send you fundraising materials, and offer guidance and advice.

January - March 2023

Game On for Blesma

During March join our eSports team for some gaming fun or host your own board game evening.



Do your own thing

However you choose to raise funds for Blesma, let us know and you will receive a fundraising pack and expert help from our Fundraising Team.



Facebook challenges

Watch out for our Facebook challenges through the year! Take on a month long challenge for Blesma.



Volunteer your time

Join us at bucket collections, regional events or join our Cheer Squad at major events!

April - June 2023



London Landmarks Half Marathon, Sunday 2 April

Join us and experience the cultural landmarks, runners get to explore the capital on a route like no other!

London Marathon, Sunday 23 April

Apply for a Blesma place or use your own place to join #TeamBlesma

Bake For Blesma, 5 - 8 May

Celebrate the Coronation or VE Day by hosting a street party, having a cuppa and slice of cake with friends and family



Armed Forces Day, Saturday 24 June

Volunteer at an Armed Forces Day event, attend a bucket collection, host an event.



July-September 2023



Wolf Run, Warwickshire Sunday 3 September

Run 10k in the wild and test yourself in the ultimate obstacle run. The course is a unique mix of great running trails across open ground and through woodland.



Great North Run, Sunday 10 September

Join us for the biggest and best half marathon in the world.

Kilt Walk

Take on Scotland's favourite mass participation walking event, with a variety of dates and locations. This is an event not to be missed!

Skydive

For adrenaline junkies, choose your date and an airfield around the UK.

October - December 2023

Great Scottish Run, Sunday 1 October

Run this half marathon and celebrate everything that makes Glasgow truly great!



Blesma Remembrance 11k

Run, walk or cycle 11k during November.



Blesma Carol Service

Join us at Chelmsford Cathedral for our Christmas celebration.

